

Chester County Court of Common Pleas
Adult Drug Court Program



Partners in Recovery & Justice Since 1997

PARTICIPANT HANDBOOK

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WELCOME



Welcome to the Chester County Drug Court Program! This *Handbook* is designed to:



Answer your questions



Provide information about Drug Court

As a participant, you will be expected to be open, honest and truthful. You must follow all of the instructions given in Court by the Judge, follow all of your terms and conditions of Probation, and comply with the treatment plan developed for you. Throughout the time you are in Drug Court, your PO and treatment provider will be working closely with you and with each other. They will also promptly report all of your progress and any problems to the Drug Court Judge.

This *Handbook* will detail what is expected of you as a Drug Court participant and it will review general program information. If you are reading this *Handbook*, it means that you have been accepted into Drug Court based on a look at your history of drug use and other contact with law enforcement and it also means that we are confident that Drug Court will help you to learn how to make successful choices free of the influence of drugs and alcohol.

Overview

What is Drug Court?

Drug Court is a special part of the Chester County Court of Common Pleas. It is a court-supervised treatment program for non-violent offenders with drug charges or DUI charges with drug charges, who have a drug or alcohol addiction. Drug Court is a voluntary program that includes regular court appearances before the Drug Court Judge. If a participant successfully completes the Drug Court Program, they are eligible to have all their charges dismissed and their record expunged.

Drug Court involves frequent court appearances, random drug testing as well as drug and alcohol treatment. The Court awards incentives for compliant behavior and imposes sanctions for negative behavior. Participants who do not comply with the rules may be placed in short-term custody, moved back to the previous phase of Drug Court or be subject to a variety of other sanctions. They may also be terminated from Drug Court. All of the staff working with Drug Court will assist you to be sure you understand what is expected of you.

What is a Treatment Plan?

To be accepted into Drug Court, you are required to follow a Treatment Plan. This begins with an evaluation and will require all or some of the following:

- ✓ **Outpatient Treatment**
- ✓ **Intensive Outpatient Treatment**
- ✓ **Partial Hospitalization Treatment**
- ✓ **Inpatient/Residential Treatment**
- ✓ **Halfway House or Transitional Housing Placement**
- ✓ **Self Help/Sober Support Activities (12 step Meetings)**

How long will I be in the program?



Expect to participate in the program for a minimum of 12 months, but you may be in the program for up to 2 years. The length of time in the program will depend upon how well you progress. The program has 4 phases; you must be in compliance with the requirements of Drug Court and must remain clean for 90 days in order to move to each new phase.

The Team...

The Drug Court Team consists of the following members:

- ▶ The Judge
- ▶ Assistant District Attorney
- ▶ Public Defender
- ▶ Treatment Court Coordinator
- ▶ Probation Officers
- ▶ Bail Officers
- ▶ County Department of Drug & Alcohol Services Liaison
- ▶ Treatment Providers



Prior to the Drug Court session, the Drug Court Team members familiarize themselves with your progress so that they may discuss that progress with you during the Drug Court session. By working together, they seek to provide a variety of programs and consistent supervision geared toward supporting and helping you maintain a drug-free lifestyle.

What's in it for me?



Dismissal of your charges

If you successfully complete all of the conditions of the Drug Court Program, you will be eligible to have all the charges dismissed and expunged from your record.



A Second Chance

This program offers you the chance to move forward in your life with a new outlook and new skills.



A Healthy Lifestyle

This program will help you take control of your life in many ways. Even more important than what you will learn not to do (such as abusing drug & alcohol, committing crimes) are the things you will learn how to do: being honest, reducing stress, becoming fully employed, rebuilding family relationships and becoming a productive member of the community.

Your probation officer will also help you with other areas of your life according to your individual needs. This may include referrals for these and other needs:

- ✓ **Skills Testing & Educational Assessment**
- ✓ **Job Training & Job-readiness Training**
- ✓ **Educational/Vocational Programs**
- ✓ **Job Placement Services**
- ✓ **Family Counseling**
- ✓ **Life Skills Classes**
- ✓ **Public Assistance/Medicaid**

We are here to help, but no one said it would be easy...

On the following pages you will find the steps involved in the program and information about some of the resources that you will need to use in order to succeed. There are many people who make up the Drug Court Team, remember that they all want to see you succeed. If you take advantage of the assistance offered by the Drug Court Team, you will discover many ways to make a better life for yourself.

Program Components

To successfully complete Drug Court, you are required to be involved in several activities which will benefit and sustain your recovery. As a participant in the Chester County Drug Court Program, you will be required to:

- Engage in substance abuse treatment.
- Attend frequent court sessions.
- Meet with your Probation Officer.
- Submit to random urinalysis screenings.
- Have home visits by your Probation Officer.
- Attend support meetings.
- Obtain employment and/or attend school.
- Obtain your high school diploma or GED.
- Pay court fines and restitution (if applicable).
- Submit your self, residence, and car to search.
- Pay treatment costs.



TREATMENT

Prior to your admission into Drug Court, you were assessed for your drug and alcohol treatment needs. As a Drug Court participant you are required to comply with all treatment recommendations. A treatment plan will be developed by you and your treatment provider(s). This plan will act as a guide for your treatment while in Drug Court.

If you are able to pay for treatment services and/or have insurance that covers treatment, then you will be required to pay for your treatment. There may be times when CCDDAS may pay for your treatment. Any fees you may have associated with treatment services (i.e. co-pays) are based on a sliding scale. Requests for assistance may be made to your treatment provider if you have difficulty with the cost of the co-pay/client fee (Abatement). If CCDDAS funding is used for the payment of treatment services, and you have no medical insurance, you must apply for medical assistance. Your treatment provider can assist you with this process.

PROGRESS REPORTS

You will be required to appear in front of the Judge on a regular basis. The Judge will be given progress reports regarding your drug test results, attendance, participation and cooperation in the treatment program, employment or other requirements that may have been imposed. These reports will come from your probation officer, treatment and/or mental health counselor, and the members of the team support programs with whom you are working (such as vocational specialists, family advocates, etc.).



The Judge will ask you about your progress and discuss any problems you may be having. If you are doing well you may be rewarded with reduced program requirements or, at times, other incentives like gift cards and movie tickets. If your progress reports show that you are not doing well, the Judge will discuss this with you and determine future action, which could include a sanction in order to help you remember your goals in the program. Sanctions can be anything from increased program requirements to jail custody.

DRUG COURT HEARINGS

As a Drug Court participant, you will be required to appear in Drug Court on a regular basis. The number of times you must appear depends upon the phase of Drug Court you are currently in. Failure to appear will result in a warrant being issued for your arrest and detention in jail until you can appear before the court. If you have questions about your court appearances speak with your Probation Officer staff.



**You are required to arrive on time
for all Court sessions**

COURTROOM ETIQUETTE AND DRESS CODE

When you speak to the Judge, say “Your Honor.” Program participants will be assisted with obtaining education and skills assessment and will be provided referrals for vocational training, educational, and/or job placement services. The Drug Court’s program for preparation for the workplace includes dressing appropriately for court. The participants will dress for court as follows:



No tank tops, muscle shirts, crop-tops, or shirts with obscene words or pictures.



No clothes with language or pictures advocating tobacco, alcohol or drug use.



No sagging (i.e., pants that hang below the waist).



No unbuttoned shirts.



No shorts, even in the summertime.



No hats, caps or bandanas, no sunglasses unless approved by a Dr.



No gang attire or colors of any kind.



No phones or pagers in the courtroom.



No gum.



If the participant wears any of the above to the courtroom, they may be sent home and it will be counted as a court absence and appropriate sanctions imposed.

ATTENDANCE

As a participant, you are required to attend ***all*** of your scheduled treatment sessions, probation appointments, all of your other appointments, and all of your scheduled court dates.

You are required to be on time for all appointments. If you have an emergency, you should call to inform your PO, counselor, etc. of your situation. If you are late, you may not be allowed to attend and may be considered absent and face sanctions.

Your treatment schedule will vary according to your needs and progress. It is your responsibility to both schedule all needed appointments and to arrive on time for them.



PHASES

The Drug Court is a four-phase program that lasts a minimum of one year. Total program length is based upon individual progress. Each phase consists of specific treatment goals, activities and requirements that you must meet before moving to the next phase. The Phases are explained in detail on the following pages.

Remember, while there are certain things you must complete, your ability to move along in the program and graduate will depend mostly on your own actions. If you are not honest and truthful, if you miss appointments, ignore other requirements, or fail to remain drug and/or alcohol free, your time in the program could be longer, or you could be terminated from Drug Court. If you are terminated from the Drug Court you will face prosecution on your original charges.

PHASES OF DRUG COURT

The Drug Court program is a minimum of 12-months divided into four phases. A participant must successfully complete each phase before transitioning to the next phase. Each phase has a key concept or focus.

PHASE ONE	
Key Concept:	Recovery and Responsibility to Self
Length of phase:	At least 90 days (12 weeks)
Requirements:	Report to PO weekly; Drug Court attendance every 1 to 3 weeks; random urine tests; D&A treatment; regular attendance at self-help sobriety group meetings; start seeking employment or vocation training
PHASE TWO	
Key Concept:	Maintenance of Recovery and Responsibility to Others
Length of phase:	A minimum of 90 days (12 weeks)
Requirements:	Report to PO every other week; Drug Court attendance every 3 to 4 weeks; random urine tests; D&A Treatment; regular attendance at self-help sobriety group meetings; start seeking employment or vocational training; actively paying restitution, court fees or treatment costs.
PHASE THREE	
Key Concept:	Reinforce a Clean, Sober and Legal Lifestyle
Length of phase:	A minimum of 90 days (12 weeks)
Requirements:	Report to PO monthly; Drug Court attendance every 4 to 6 weeks; random drug tests; follow treatment plan; maintain employment or approved use of time; actively paying restitution, court fees or treatment costs; complete Phase 3 Project
PHASE FOUR	
Key Concept:	Relapse Prevention
Length of phase:	A minimum of 90 days (12 weeks)
Requirements:	Report to PO as directed; Drug Court attendance only if required by the Judge; random drug tests; employed or approved use of time; participate in Drug Court Support Group

To advance Phases you must have at least 90 days of clean drug & alcohol tests.

THE RULES

As a participant you will be required to abide by the rules outlined in the Drug Court Rules & Regulations, including, but not limited to the following:

1. Totally abstain from the use of drugs and alcohol.
2. Inform your treating physicians that you are a recovering addict and may not take narcotic or addictive medications or drugs.
3. Attend court sessions and treatment sessions as scheduled, submit to random drug testing, remain clean and sober and law abiding.
4. Do not associate with people who use or possess drugs or be in areas known to have drug activity.
5. Do not possess any weapons while in the Drug Court program.
6. Keep the Drug Court team, Drug Court staff, and treatment providers informed of your current address and phone number at all times.
7. As a condition of participation in the Drug Court program, your person, property, place of residence, car or personal effects may be searched upon reasonable suspicion that you have or are violating the Drug Court Program. Failure to comply will result in further Court proceedings.
8. Dress appropriately for court and treatment sessions.
9. Abide by all other rules and regulations imposed by the Drug Court Team and listed in the Chester County Drug Court Rules and Regulations.

RELEASE OF INFORMATION & CONFIDENTIALITY

All members of the Team must be able to communicate about your eligibility and progress in the program. Upon entry into the program, you must sign Releases so that the Team has access to information relevant to your treatment. You must also sign additional Releases as needed to arrange further treatment, counseling or support service referrals. The disclosure of information is for the sole purpose of hearings and reports concerning your specific Drug Court case.



State and Federal laws require that your privacy be protected. In response to these regulations, Drug Court, Drug Court staff and treatment providers have developed policies and procedures that guard your privacy.

TESTING

You will be drug & alcohol tested randomly throughout the entire Drug Court Program. Participants in the first three phases of Drug Court will be assigned a designated color and number.



- ➡ You will call the testing hotline telephone number **610-344-4455** each day, Sunday through Friday between 9:00 pm and 7:30 am.
- ➡ When you call the testing hotline, listen closely as it will tell you what group (color/number) is being tested.
- ➡ Upon finding that your color/number has been selected for testing you must report to the Chester County Department of Adult Probation and Parole between 8:00 am and 4:00 pm the following day and submit to a test.
- ➡ On Saturdays you will report to Human Services at 520 East Lancaster Avenue in Downingtown, PA between the hours of 8 a.m. and 10:30 a.m.
- ➡ When you report, you must be prepared to provide a urine sample while being observed by a probation officer or the testing technician.
- ➡ Failure to appear for testing or to submit a sample will be considered as a positive test for Treatment Court purposes.
- ➡ You may be required to give other samples in addition to those required by the Random Drug Testing System.
- ➡ Your sanction for missing a random test is as follows:
 - 1st- 24 hours incarceration
 - 2nd- 72 hours incarceration
 - 3rd- 1 week incarceration
 - 4th- Removal from the program

Diluting or attempting to adulterate a urine sample is counted as a positive.

If you attempt to submit a fake urine sample you will be prosecuted for a misdemeanor of the third degree under subsection 7509 of the Crimes Code "Furnishing a Drug-Free Urine."

The following medications are not allowed in the program:

Barbiturates

Narcotic pain medication such as Percocet, Darvocet, Oxycontin, etc.

Benzodiazepines such as Ativan, Valium, Xanax, Klonopin, etc.

Muscle Relaxers such as Flexoril

Sleep Aids such as Ambien or Soma

Stimulants such as Adderall or Ritalin



The following medications cause a cross-reaction with drug testing and alternatives should be prescribed:

Effexor

Lamictal

Protonix

Sustiva

Zantac

Zoloft

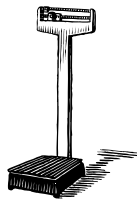
Clarithromycin



Dietary supplements and vitamins must be approved by your Probation Officer before you take them.

Weight loss aids are prohibited

NO POPPY SEEDS!



Salvia, morning glory seeds, or any other such mood altering or hallucinogenic substance is strictly prohibited.

When visiting a doctor or the emergency room, you must notify any and all doctors that you are an addict and cannot take the medications listed above. Your probation officer will give you a card to show to Doctors.

NO ALCOHOL!



You will be tested for alcohol. Because these tests are sensitive it has become necessary for us to restrict and advise Drug Court participants regarding the use of certain alcohol-containing products.

It is **YOUR** responsibility to limit your exposure to the products and substances below that contain ethyl alcohol.

It is **YOUR** responsibility to read product labels, to know what is contained in the products you use and consume and to stop and inspect these products **BEFORE** you use them.

Use of the products detailed below in violation of this contract will NOT be allowed as an excuse for a positive test result. When in doubt, don't use, consume or apply.

Cough syrups and other liquid medications

Non-Alcoholic Beer and Wine

Food and Other Ingestible Products that contain ethyl alcohol

Mouthwash and Breath Strips

Hand sanitizers

Hygiene Products that contain ethyl alcohol

Solvents and Lacquers





INCENTIVES OR REWARDS



Participants may be given rewards or incentives for compliant behavior while participating in Drug Court. Common rewards are:

- ★ In court praise, encouragement, applause
- ★ Certificates of achievement
- ★ Reduce frequency of Drug Court hearings
- ★ Decreased reporting to probation officer
- ★ Promotion to next phase
- ★ Gift cards
- ★ Bus tokens



SANCTIONS



You may wonder how you will be held accountable. If you do not do what is required by Drug Court, this is what may happen:

- Warning from the Judge
- Reading/Writing assignments
- Letter of apology to the Court
- Increase in intensity of treatment
- Increase the number of self-help group meetings
- Increase in drug testing or reporting to PO
- Sit in court for a day and write about the experience
- Imposition of a curfew
- Community Service
- Electronic Home Monitoring
- Demotion to previous Phase
- Jail for afternoon, day, weekend, week, etc.
- Instant jail until residential bed is available
- Termination from Drug Court

Remember...
your actions speak louder than words!

EDUCATION, VOCATION AND EMPLOYMENT PROGRAMS

An important step in recovery from substance addiction is developing self-sufficiency and becoming a productive and responsible member of your community.

During Phase 1 of the program, your PO will discuss opportunities for educational and vocational programs with you. Participants in Drug Court have different needs and interests. Your plan will be developed to meet your own needs and interests; the purpose is to build a plan that will develop your education, employment and life skills.

Your plan may include any of these areas:

Life Skills: perhaps you need help creating a budget to manage your living expenses or pay back loans, or maybe you need to learn how to problem-solve or make better decisions or how to be a better parent. We can provide help or make referrals to other agencies in these and other areas where you feel you could use more information.

GED: work toward your high school equivalency diploma

Vocational: to help you find job training in many fields

Educational: resolve issues to help you return to school or begin higher education

Employment: finding and keeping a meaningful/sustaining full-time job



TERMINATION FROM DRUG COURT

Violations of any aspect of Drug Court may result in your being terminated from the program.



Violations which MAY result in sanctions or termination are:

- Dishonesty
- Positive or adulterated urine sample
- Failure to submit urine sample
- Unexcused absence from treatment
- Failure to follow treatment conduct rules
- Willful failure to pay fees, as ordered
- Failure to attend Drug Court hearings without just cause
- Failure to report to PO
- Failure to attend self-help group per treatment plan

Violations which WILL result in termination are:

- Possession or delivery of drugs at Justice Center or treatment site
- Violent or abusive behavior at treatment site, program site or other place of contact or participation
- New criminal charges that are held at a preliminary hearing
- Failure to comply with directives given by the Court

You must be respectful in all of your interactions with the members of the Drug Court Team. Any disrespectful behavior will immediately be reported to the Court which may result in a severe sanction or your termination from the program.

You will not be asked to be an informant in this program. You will not be expected or be encouraged to discuss any information concerning anyone's behavior or progress except your own.

GRADUATION



Graduation is a time to celebrate your accomplishments which required commitment, perseverance and hard work.

You will be able to invite your family and friends to join you at your Graduation Ceremony.

The requirements for Graduation are:

- ✓ **Drug tests**- for the last 3 months of the drug court program, the participant must have all negative drug tests.
- ✓ **Treatment**- the participant will have successfully completed all treatment goals, and have established an approved relapse prevention plan.
- ✓ **Employment**- the participant will be employed or be involved in a productive daily activity for at least the last 3 months of the drug court program.
- ✓ **Housing**- for the last 3 months of the drug court program, the participant will reside at an approved residence that is not likely to promote relapse.
- ✓ **Financial obligation**- the participant will have all costs, supervision fees, restitution and treatment costs paid in full.
- ✓ **Special conditions**- the participant will have completed all special conditions of the drug court program.
- ✓ **New arrests**- the participant will not be arrested for any new criminal charges that result in a conviction.

At your Graduation Ceremony, the District Attorney's Office and your Attorney will file paperwork to dismiss your charges and expunge your record.



FORMS



GENERAL RULES FOR THE DRUG COURT PROGRAM

You have been accepted as a participant in the Chester County Drug Court Program. You are therefore placed under the supervision of this office and must comply with the following rules. You understand that if you successfully complete the Drug Court Program your criminal charges listed under this case number(s) will be dismissed. In consideration of being accepted into the Drug Court Program you give consent to a search of person or residence upon reasonable suspicion that you have or are violating the Drug Court Program. Failure to comply will result in further Court proceedings.

1. You agree to sign any and all releases necessary to further the treatment aims of the Drug Court Program. You further agree to sign releases that will allow the Drug Court to review diagnostic and treatment information.

2. You are to comply with all Municipal, County, State and Federal Laws, Ordinances, Court Orders and conduct yourself as a good citizen. You must notify your Probation Officer within 72 hours if you are arrested or questioned by any law enforcement officer.

3. You must report as directed and follow any other instructions of your Probation Officer. You must make all court appearances as ordered by the Court or treatment providers.

4. You are required to obtain permission from your Probation Officer before leaving the Commonwealth of Pennsylvania. You are required to obtain permission from your Probation Officer before changing address or employment. If you lose your job you must notify your Probation Officer within 72 hours. If not gainfully employed, you must actively seek employment. The Court may also order attendance for employment counseling, a GED, and/or further education as part of the program.

5. You shall not own, possess, use, sell or have under your control illegal drugs, narcotics, firearms, ammunition, imitation (look-alike) firearms or any deadly weapon. You will not consume alcoholic beverages. You agree to avoid all alcohol containing products, including alcohol in foods, hygiene products or over the counter medications containing alcohol, no communion wine, no topical gels or medication containing alcohol on skin or mucous membranes (eg. Vanilla extract, mouthwash containing alcohol, nyquil, cough syrups, hand sanitizer). You understand that use of any of these products cannot be used as a defense to a positive urine alcohol test and will be considered a violation of this agreement. **NO ALCOHOL** of any kind. (Please refer to the Urine Abstinence Testing Contract for further detail).

You will not consume poppy seeds or any food products containing poppy seed.

You will request that prescription medication be non-narcotic.

You will submit to witnessed urinalysis, chemical or other type of testing to ensure compliance with these conditions.

If the results of a urinalysis test are disputed, you have the option of confirming the test. Your Probation Officer will send the same specimen to an independent laboratory for a fee of \$50.00, payable at the time the request is made. If the test is confirmed positive, you may face additional sanctions by the Court. If the test result is negative, you may choose to have the fee reimbursed or applied to your fines and costs.

If you attempt to submit a fake urine sample per 18 Pa. C.S. § 7509 you will be prosecuted for a misdemeanor of the third degree.

6. You must support your dependents, if any, and assume toward them all your moral and legal obligations. You shall associate only with law-abiding persons and must refrain from frequenting unlawful or disreputable places.
7. You will not knowingly supply false information to this Department or this Court.
8. You must refrain from behavior which threatens or presents a danger to yourself or others.
9. You agree to participate in the Chester County Drug Court Program for a period of time specified by the Court. You agree to engage in any education, treatment, or rehabilitation program ordered by the Court. You agree to abide by any additional terms as indicated by the Court, and agree to complete the treatment program to the satisfaction of the Court.
10. You understand that your charges will not be dismissed if you are removed from the program. In that event your case will be re-listed for Trial.
11. Fines, Costs and/or restitution will be paid as directed by the Court. . **PLEASE BE ADVISED THAT YOUR NAME AND TERM NUMBER MUST APPEAR ON YOUR CHECK OR MONEY ORDER.**
12. You must pay a Supervision Fee of \$480.00.
13. You agree that if you test positive for illegal drugs or alcohol, fail to appear in court as directed, fail to abide by this contract, are arrested for new criminal charges, the Court can impose sanctions within the Drug Court Program rather than terminate your involvement. These sanctions include but are not limited to the following:
 - a. Modify the treatment program to include more intensive counseling or a residential program
 - b. Order medical detoxification
 - c. Completion of community service
 - d. Extend the amount of time spent in the program
 - e. Issue a Warrant for arrest
 - f. Incarceration
 - g. Termination from the program
14. You understand that upon successful completion of the Drug Court Program and compliance with the conditions of the contract set forth above to the satisfaction of the Court, the Court will dismiss the charge in this action.
15. Special Conditions _____

Grievance Procedure: All offender grievances must be submitted in writing to: Chief of Adult Probation and Parole, 201 West Market Street, Suite 2100, P.O. Box 2746, West Chester, PA 19380-0989. A staff person not directly involved with your case will review the grievance and will provide a written response to the grievant within ten business days of receipt.

DRUG COURT
ALCOHOL & DRUG TESTING

The Drug Court Program utilizes a **Random Drug Testing System**. The system operates as follows:

1. Participants in the first three phases of Drug Court will be assigned a designated color.
2. You will call the testing hotline telephone number **610-344-4455** each day, Sunday through Friday between 9:00 pm and 7:30 am.
3. When you call the testing hotline, you will be told whether your designated color has been selected for testing.
4. Upon finding that your color has been selected for testing you must report to the Chester County Department of Adult Probation and Parole between 8:00 am and 4:00 pm the following day and submit to a test.
5. On Saturdays you will report to 520 E. Lancaster Ave. Downingtown, PA 19335 between the hours of 8 a.m. and 10:30 a.m.
6. Failure to appear for testing or to submit a sample will be considered as a positive test for Drug Court purposes.
7. You may be required to give other samples in addition to those required by the Random Drug Testing System.
8. Your sanction for missing a random test is as follows:
 - 1st- 24 hours incarceration
 - 2nd- 72 hours incarceration
 - 3rd- 1 week incarceration
 - 4th- Removal from the program

I understand that drug court is a completely voluntary program and that I may withdraw my participation at any time. I have read the above notice and understand that I must comply with the testing requirements described therein to remain in drug court. Understanding that I may be subject to sanctions should I fail to comply with the testing requirements, I wish to enter or continue participation in the drug court program.

Signature

Date

**URINE ABSTINENCE TESTING AND INCIDENTAL ALCOHOL EXPOSURE
CONTRACT
Treatment Court Participants**

Recent advances in the science of alcohol detection in urine have greatly increased the ability to detect even trace amounts of alcohol consumption. In addition, these tests are capable of detecting alcohol ingestion for significantly longer periods of time after a drinking episode. Because these tests are sensitive, in rare circumstances, exposure to non-beverage alcohol sources can result in detectable levels of alcohol (or its breakdown products). In order to preserve the integrity of the Treatment Court testing program, it has become necessary for us to restrict and advise Treatment Court participants regarding the use of certain alcohol-containing products.

It is **YOUR** responsibility to limit your exposure to the products and substances detailed below that contain ethyl alcohol.

It is **YOUR** responsibility to read product labels, to know what is contained in the products you use and consume and to stop and inspect these products **BEFORE** you use them.

Use of the products detailed below in violation of this contract will NOT be allowed as an excuse for a positive test result. When in doubt, don't use, consume or apply.

Cough syrups and other liquid medications: Treatment Court participants have always been prohibited from using alcohol containing cough/cold syrups, such as Nyquil®. Other cough syrup brands and numerous other liquid medications, rely upon ethyl alcohol as a solvent. Treatment Court participants are required to read product labels carefully to determine if they contain ethyl alcohol (ethanol). All prescription and over-the-counter medications should be reviewed with your Probation Officer before use. Information on the composition of prescription medications should be available upon request from your pharmacist. Non-alcohol containing cough and cold remedies are readily available at most pharmacies and major retail stores.

Non-Alcoholic Beer and Wine: Although legally considered non-alcoholic, NA beers (e.g. O'Douls®, Sharps®) do contain a residual amount of alcohol that may result in a positive test result for alcohol, if consumed. Treatment Court participants are *not* permitted to ingest NA beer or NA wine.

Food and Other Ingestible Products: There are numerous other consumable products that contain ethyl alcohol that could result in a positive test for alcohol. Flavoring extracts, such as vanilla or almond extract, and liquid herbal extracts (such as Ginko Biloba), could result in a positive screen for alcohol or its breakdown products. Communion wine, food cooked with wine, and flambé dishes (alcohol poured over a food and ignited such as cherries jubilee, baked Alaska) must be avoided. Read labels carefully on any liquid herbal or homeopathic remedy and do not ingest without approval from your PO.

Mouthwash and Breath Strips: Most mouthwashes (Listermint®, Cepacol®, etc.) and other breath cleansing products contain ethyl alcohol. The use of mouthwashes containing ethyl alcohol can produce a positive test result. Treatment Court participants are required to read product labels and educate themselves as to whether a mouthwash product contains ethyl alcohol. Use of ethyl alcohol-containing mouthwashes and breath strips by Treatment Court participants is not permitted. Non-alcohol mouthwashes are readily available and are an acceptable alternative. If you have questions about a particular product, bring it in to discuss with your PO.

Hand sanitizers: Hand sanitizers (e.g. Purell®, Germex®, etc.) and other antiseptic gels and foams used to disinfect hands contain up to 70% ethyl alcohol. Excessive, unnecessary or repeated use of these products could result in a positive urine test. Hand washing with soap and water are just as effective for killing germs.

Hygiene Products: Aftershaves and colognes, hair sprays and mousse, astringents, insecticides (bug sprays such as Off®) and some body washes contain ethyl alcohol. While it is unlikely that limited use of these products would result in a positive test for alcohol (or its breakdown products) excessive, unnecessary or repeated use of these products could affect test results. Participants must use such products sparingly to avoid reaching detection levels. Just as the court requires Treatment Court participants to regulate their fluid intake to avoid dilute urine samples, it is likewise incumbent upon each participant to limit their use of topically applied (on the skin) products containing ethyl alcohol.

Solvents and Lacquers: Many solvents, lacquers and surface preparation products used in industry, construction, and the home, contain ethyl alcohol. Both excessive inhalation of vapors, and topical exposure to such products, can potentially cause a positive test result for alcohol. As with the products noted above, Treatment Court participants must educate themselves as to the ingredients in the products they are using. There are alternatives to nearly any item containing ethyl alcohol. Frequency of use and duration of exposure to such products should be kept to a minimum. A positive test result will not be excused by reference to use of an alcohol-based solvent. If you are in employment where contact with such products cannot be avoided, *you need to discuss this with your PO.* Do not wait for a positive test result to do so.

Remember! When in doubt, don't use, consume or apply.

I HAVE READ AND UNDERSTAND MY RESPONSIBILITIES:

Participant Signature

Date

PO Initials

SWEAT PATCH INSTRUCTIONS:

- ❑ **DO NOT RUB OVER THE PATCH WHEN WASHING AND DRYING, YOU MUST PAT OR BLOT DRY**
- ❑ Call immediately if the patch appears to be coming loose
- ❑ You may experience intermittent itching or reddening of the skin under the patch
- ❑ If you experience continuous itching accompanied by redness, swelling and heat, this may be an allergic reaction. Call or report in immediately.
- ❑ You may perform normal activities such as work , bathing, showering and exercising
- ❑ You must return on _____ to have the patch removed

Employment Search Verification Sheet

Client Name: _____

Home Address: _____

Phone Number: _____

Probation Officer: _____

PhoneNumber: _____

<u>Employer Name</u>	<u>City Location</u>	<u>Phone Number</u>	<u>Date Application Submitted</u>
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1) _____

2) _____

3) _____

4) _____

5) _____

6) _____

7) _____

8) _____

9) _____

10) _____

11) _____

12) _____

13) _____

14) _____

15) _____

Client Signature

Date



The mission of the Chester County Drug Court Program is to support substance-abusing offenders in breaking the cycle of addiction and, the crimes that accompany it, by combining prompt and effective treatment with intensive judicial supervision. The Chester County Drug Court program was started in October 1997. It was the second drug court to be implemented in Pennsylvania.

The Chester County Drug Court Program is a pre-trial disposition program that provides eligible offenders the opportunity to receive drug treatment and upon successful completion of the program, dismissal of the charges. Eligible offenders can elect to participate in the program or proceed with traditional Court processing. This program has been effective in reducing court congestion in our criminal justice system along with decreasing the need for incarceration of these offenders. The program is a collaborative effort among the Court, District Attorney's Office, Public Defender's Office, Department of Drug and Alcohol Services, Bail/Pre-Trial Services Agency, and Adult Probation.